

# CHALK FACTS

## INSTRUCTIONS:

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**Step 1:** Register your event at:  
[ONEDAYWITHOUTSHOES.COM](http://ONEDAYWITHOUTSHOES.COM)

**Step 2:** Get multiple colors of chalk.

**Step 3:** Chalk the facts on the ground.

- Write them in high-traffic areas so people read them.
- Message on walls, sidewalks and bathroom counters.
- You can also use them to mark the path of your barefoot walk.

### Fact #1:

In some developing nations, children must walk for miles to school, clean water and to seek medical help.

### Fact #2:

Cuts and sores on feet can lead to serious infection.

### Fact #3

Often, children cannot attend school barefoot.

### Fact #4:

In Ethiopia, approximately one million people are suffering from Podoconiosis, a debilitating and disfiguring disease caused by walking barefoot in volcanic soil.

### Fact #5:

Podoconiosis is 100% preventable by wearing shoes and basic foot hygiene.

